

## **Rio Sonora DRAFT Itinerary**

We will explore a way of life that has flourished for four centuries - one based on living with rivers, not damming or destroying them. Through a combination of lectures, field trips and demonstrations of traditional Sonoran cooking tour participants will have a chance to learn and experience the history and culture of the area. This will be an informal and personal tour with opportunities to meet and talk with the Sonoran people, farmers, ranchers, *mescaleros* (bacanora makers) and share their food, spirits, music and knowledge. Consider it an opportunity to know first-hand, a part of Mexico that is beyond the reach of areas commonly known to tourists, but most importantly it will be enjoyable, informative and fun.

This itinerary is subject to change based on further planning and extenuating circumstances; as always, anything happening in Mexico is subject to change, moment by moment. Furthermore, given this will be the weekend of Dia de Muertos (Day of the Dead) there may be celebrations happening that we won't want to miss.

### **October 30**

Gather for Departure – Tubac, 8:30am

Cross into Nogales, Sonora from the Mariposa Crossing

Stop at Kilometer 21 for Tourist permits

Drive to Magdalena, exit the main highway and drive to Cucurpe

Comida (Main Meal) in Cucurpe at the home of Eva Cruz

Tour of the ruins of church and visit the headwaters of the acequia or irrigation network.

Drive to Sinoquipe on the Rio Sonora and then on to Banamichi

Check into the hotel - relaxation time

Rooftop happy hour 5 pm

Slide Show Presentation by Dr. Bill Doolittle

Light Dinner La Posada 7 pm

### **Oct 31**

Breakfast 7:30am La Posada, coffee available at 6am if you'd like.

Walk to the fields (optional)

Drive to Arizpe 9 am

Tour of Arizpe, church, plaza and alameda

Drive down river to the historic flour mill at Bamori

Continue to Bamori home of the Montijo family for Comida 12 pm

Brief tour of the mescal making operation

Food demonstration

Return to Banamichi 2 pm

Two photo stops along the road

Relaxation hotel 3 pm

Happy Hour 5 pm La Posada Rooftop

Slide Show Presentation by Dr. Bill Doolittle

Light Dinner, La Posada 7pm

### **November 1**

Breakfast 7:30 La Posada, coffee at 6 am

Walk to the fields (optional)

Brief Walking Tour of Banamichi

Visit Plaza Doolittle 9 am

10 am Visit the Museum and oldest house La Casona de Corella y Molina  
Visit the Romo house across the street after La Casona  
11:30 Rooftop La Posada - discussion about the cattle industry in Sonora with Jorge Salazar  
12:30 Depart for Ranchito La Martina, nearby across the river - Comida and music  
Between 2:30 and 3 either ride or walk back to the hotel  
5 pm Rooftop La Posada Happy Hour  
Slide Show Presentation by either Dr. Doolittle or Bill Steen  
Light Dinner, La Posada  
There may be other activities related to Day of the Dead at night but we can't know that until we get closer to that day.

## **November 2**

Breakfast 7:30 La Posada, coffee at 6.  
Walk to the fields (optional)  
9 am Drive south along the highway and visit the towns of Huepac and Aconchi  
11:30 pm Arrive La Estancia home of Chay Maldonado and Armida Contreras  
12:00 pm drive along a portion of the old Camino Real, the old town of El Rodeo  
with stop at out of the way ice cream parlor in San Jose  
1 pm Comida at the Maldonado Conteras home in La Estancia  
4 pm Return to Banamichi for private Folkloric dance performance on the plaza  
5:30 pm Rooftop Happy Hour La Posada  
7:00 pm - Dinner at local taqueria

## **November 3**

Breakfast 7:30 La Posada, coffee at 6. Pack up and check-out of hotel.  
Walk to the fields (optional)  
Depart for Bacoachi 9 am  
10 am - Stop in Chinapa for living fence rows and ramada made from living trees.  
10:45 Depart for Bacoachi - Discussion about Cananea mine before leaving.  
12:00 pm - Comida Bacoachi  
1:30 pm - Leave for Naco passing Cananea mine along the way  
3:15 pm - Arrive Naco to go through customs, return Visas. Return to Tubac. Driving time to Tubac from Naco, AZ is about 2 hours.

\*\*\* As always, when traveling by car/van, all times are estimated, based on best case scenario.